

BIS HOT LUNCH MENU

JANUARY 2012

HAPPY NEW YEAR!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
16 Welcome Back!! Spaghetti Toast Salad Fruit/ Juice	17 Chicken Fricasse Rice "Batata Palha" Salad Fruit / Juice	18 Beef Stir Fry Rice Salad Mousse/ Juice	19 Chicken w/ Onions Rice & Beans Salad Fruit/ Juice	20 "Feijoada" Rice "Farofa" Salad /"Vinagrete" Pudding/ Juice
23 Hot Dog "Batata Palha"/ Corn Potato Salad Salad Fruit / Juice	24 Chicken Stroganoff Rice "Batata Palha" Salad Cookies / Juice	25 Beef with "molho madeira" Rice & beans Salad Fruit/ Juice	26 Baked Chicken Legs Rice with carrots Salad / Creamed Corn Cake/ Juice	27 Beef Parmesan Rice Toast Salad Fruit/ Juice
30 Breaded Chicken sandwich Chips Pasta Salad Salad Fruit/ Juice	31 Chicken Fingers Barbeque sauce Mashed Potatoes Salad/ Green Beans Mousse/ Juice			



BIS CARDÁPIO DE ALMOÇO

JANEIRO 2012
FELIZ ANO NOVO!

SEGUNDA	TERÇA	QUARTA	QUINTA	SEXTA
16 Espaguete Torrada Salada Fruta/ Suco	17 Fricasse de Frango Arroz Batata Palha Salada Fruta / Suco	18 Carne Xadrez Arroz Salada Mousse/ Suco	19 Frango c/ Cebola Arroz & Feijão Salada Fruta/ Suco	20 Feijoada Arroz Farofa Salada /Vinagrete Pudim/ Suco
23 Cachorro Quente Batata Palha/ Milho Salada de Batata Salada Fruta / Suco	24 Stroganoff de Frango Arroz Batata Palha Salada Biscoitos / Suco	25 Carne com molho madeira Arroz & Feijão Salada Fruta/ Suco	26 Coxa de Frango Assada Arroz com Cenoura Salada / Crème de Milho Bolo/ Suco	27 Bife à Parmegiana Arroz Torrada Salada Fruta/ Suco
30 Sanduiche de Frango Chips Salada de Macarrão Salada Fruta/ Suco	31 Tiras de Frango Fritas Molho Barbeque Puree de Batata Salada/ Vagem Mousse/ Suco			

